

Resultater – MTB-O Sønderskoven

2020-09-26

D/H-11	(1 / 1)	Tid	Efter
Silas Hoffmann	OK Sorø	Ej startet	
– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)
D17	(3 / 3)	Tid	Efter
1. Miri Brunstedt Nørgaard	OK ØST Birkerød	1:06:37	
4:05 (4:05)	3:17 (7:22)	4:06 (11:28)	6:47 (18:15)
8:52 (34:39)	9:08 (43:47)	6:28 (50:15)	4:35 (54:50)
1:43 (1:06:37)			7:59 (1:02:49)
			2:05 (1:04:54)
2. Line Skousen	OK Melfar	1:13:46	+7:09
7:26 (7:26)	3:57 (11:23)	3:54 (15:17)	6:28 (21:45)
6:43 (41:26)	9:30 (50:56)	6:34 (57:30)	4:00 (1:01:30)
1:44 (1:13:46)			8:08 (1:09:38)
			2:24 (1:12:02)
Thea Hoffmann	OK Sorø	Ej startet	
– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)
D20	(3 / 3)	Tid	Efter
1. Birka Øhlenschlæger Nielsen	Silkeborg OK	1:21:18	
4:27 (4:27)	4:25 (8:52)	7:26 (16:18)	3:39 (23:25)
7:15 (36:17)	3:32 (39:49)	4:36 (44:25)	5:15 (49:40)
2:06 (1:07:42)	6:40 (1:14:22)	3:43 (1:18:05)	1:27 (1:19:32)
			1:46 (1:21:18)
2. Christine Reibert Hansen	Allerød OK	1:25:57	+4:39
2:34 (2:34)	5:33 (8:07)	5:26 (13:33)	2:54 (16:27)
8:09 (34:46)	6:09 (40:55)	4:44 (45:39)	5:22 (51:01)
3:00 (1:10:23)	7:19 (1:17:42)	4:41 (1:22:23)	1:23 (1:23:46)
			2:11 (1:25:57)
3. Gertrud Riis Madsen	Rold Skov OK	1:37:03	+15:45
2:27 (2:27)	7:10 (9:37)	5:26 (15:03)	4:15 (19:18)
7:10 (38:54)	5:34 (44:28)	6:11 (50:39)	5:13 (55:52)
5:32 (1:17:51)	10:22 (1:28:13)	5:40 (1:33:53)	1:26 (1:35:19)
			1:44 (1:37:03)
D21	(5 / 5)	Tid	Efter
1. Camilla Søgaard	Horsens OK	1:14:40	
4:03 (4:03)	3:03 (7:06)	5:09 (12:15)	3:20 (15:35)
6:34 (28:13)	4:22 (32:35)	2:47 (35:22)	5:23 (40:45)
6:27 (59:39)	5:27 (1:05:06)	6:48 (1:11:54)	1:19 (1:13:13)
			1:27 (1:14:40)
2. Cæcilie Rueløkke Christoffersen	OK ØST Birkerød	1:18:21	+3:41
4:47 (4:47)	3:55 (8:42)	5:34 (14:16)	3:39 (17:55)
6:06 (30:05)	5:03 (35:08)	3:00 (38:08)	6:02 (44:10)
6:35 (1:02:47)	6:24 (1:09:11)	6:20 (1:15:31)	1:15 (1:16:46)
			1:35 (1:18:21)
3. Nikoline Holm Splitterff	FIF Hillerød	1:21:34	+6:54
4:32 (4:32)	3:10 (7:42)	5:42 (13:24)	3:30 (16:54)
6:07 (33:39)	4:27 (38:06)	3:08 (41:14)	4:30 (45:44)
7:38 (1:05:24)	5:58 (1:11:22)	7:07 (1:18:29)	1:31 (1:20:00)
			1:34 (1:21:34)
4. Anke Dannowski	OK ØST Birkerød	1:29:48	+15:08
5:18 (5:18)	4:50 (10:08)	6:16 (16:24)	4:28 (20:52)
7:30 (36:16)	5:36 (41:52)	3:34 (45:26)	5:11 (50:37)
7:06 (1:11:18)	7:20 (1:18:38)	7:48 (1:26:26)	1:24 (1:27:50)
			1:58 (1:29:48)
5. Ea Lykke Otte	Aalborg Orienteringsklub	2:04:50	+50:10
6:31 (6:31)	4:03 (10:34)	6:10 (16:44)	4:40 (21:24)
8:47 (50:43)	5:17 (56:00)	6:26 (1:02:26)	6:58 (1:09:24)
13:19 (1:40:04)	8:19 (1:48:23)	10:29 (1:58:52)	4:12 (2:03:04)
			1:46 (2:04:50)
D40	(7 / 7)	Tid	Efter
1. Anne Loftager	Viborg OK	1:04:07	
4:02 (4:02)	2:47 (6:49)	4:07 (10:56)	8:39 (19:35)
8:32 (34:14)	8:50 (43:04)	5:53 (48:57)	3:49 (52:46)
2:15 (1:04:07)			6:40 (59:26)
			2:26 (1:01:52)
2. Katja Brunstedt	OK ØST Birkerød	1:07:43	+3:36
4:31 (4:31)	2:55 (7:26)	4:09 (11:35)	7:53 (19:28)
6:06 (32:43)	9:56 (42:39)	7:46 (50:25)	4:29 (54:54)
2:57 (1:07:43)			7:25 (1:02:19)
			3:37 (23:05)
			3:32 (26:37)
3. Tove Sonne Andersen	OK ØST Birkerød	1:10:25	+6:18
4:51 (4:51)	3:29 (8:20)	4:25 (12:45)	7:02 (19:47)
9:18 (36:59)	10:52 (47:51)	5:55 (53:46)	4:25 (58:11)
2:10 (1:10:25)			6:49 (1:05:00)
			3:53 (23:40)
			4:01 (27:41)
			3:15 (1:08:15)
4. Mette Ellegaard Kokholm	Horsens OK	1:16:26	+12:19
5:07 (5:07)	3:16 (8:23)	6:36 (14:59)	8:04 (23:03)
6:45 (38:08)	10:19 (48:27)	7:37 (56:04)	5:51 (1:01:55)
3:26 (1:16:26)			8:32 (1:10:27)
			4:34 (27:37)
			3:46 (31:23)
			2:33 (1:13:00)
5. Katja Reibert Hansen	Allerød OK	1:36:06	+31:59
6:53 (6:53)	4:06 (10:59)	5:27 (16:26)	21:33 (37:59)
9:13 (56:28)	12:19 (1:08:47)	7:53 (1:16:40)	5:53 (1:22:33)
2:51 (1:36:06)			7:51 (1:30:24)
			4:48 (42:47)
			4:28 (47:15)
			2:51 (1:33:15)

Nina Hoffmann		OK Sorø	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)						
Runa Iversen		Horsens OK	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)						
D50		(4 / 4)	Tid	Efter		
1. Charlotte Bergmann		Allerød OK	1:16:49			
2:55 (2:55)	3:30 (6:25)	6:33 (12:58)	9:27 (22:25)	4:01 (26:26)	3:52 (30:18)	
15:25 (45:43)	9:15 (54:58)	5:17 (1:00:15)	4:37 (1:04:52)	9:20 (1:14:12)	2:37 (1:16:49)	
Sanne Fisker		Lyngby OK	Fejlklip			
10:06 (10:06)	7:49 (17:55)	7:30 (25:25)	15:01 (40:26)	5:51 (46:17)	6:00 (52:17)	
19:39 (1:11:56)	19:28 (1:31:24)	- (-)	- (-)	- (-)	- (1:37:10)	
Berit Harfot		Horsens OK	Udgået			
2:43 (2:43)	3:30 (6:13)	5:11 (11:24)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (48:19)	
Marianne Kjeldsen		Aalborg Orienteringsklub	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
D70		(4 / 4)	Tid	Efter		
1. Ansa MacLassen		Rold Skov OK	50:43			
3:58 (3:58)	4:39 (8:37)	12:04 (20:41)	2:15 (22:56)	3:51 (26:47)	12:10 (38:57)	
6:20 (45:17)	1:54 (47:11)	3:32 (50:43)				
2. Kirsten Brunstedt		OK ØST Birkerød	51:11	+0:28		
4:56 (4:56)	4:34 (9:30)	12:08 (21:38)	3:06 (24:44)	3:01 (27:45)	12:18 (40:03)	
5:36 (45:39)	1:51 (47:30)	3:41 (51:11)				
3. Birgit Hausner		OK S.G.	56:19	+5:36		
4:45 (4:45)	5:17 (10:02)	16:13 (26:15)	2:20 (28:35)	4:25 (33:00)	12:20 (45:20)	
6:13 (51:33)	1:54 (53:27)	2:52 (56:19)				
4. Ellis Byrgiel Sommer		OK ØST Birkerød	1:20:40	+29:57		
11:55 (11:55)	5:41 (17:36)	16:31 (34:07)	2:29 (36:36)	4:21 (40:57)	24:22 (1:05:19)	
7:45 (1:13:04)	3:01 (1:16:05)	4:35 (1:20:40)				
H14		(2 / 2)	Tid	Efter		
1. Magnus Lindahl		OK Melfar	49:40			
4:00 (4:00)	1:53 (5:53)	3:15 (9:08)	2:14 (11:22)	8:02 (19:24)	6:16 (25:40)	
8:10 (33:50)	5:02 (38:52)	5:51 (44:43)	2:54 (47:37)	2:03 (49:40)		
Stian Hoffmann		OK Sorø	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)		
H20		(1 / 1)	Tid	Efter		
1. Jens Kristian V. Petersen		OK GORM	1:43:29			
4:13 (4:13)	5:57 (10:10)	7:05 (17:15)	4:30 (21:45)	1:38 (23:23)	11:39 (35:02)	
8:28 (43:30)	5:26 (48:56)	3:49 (52:45)	6:36 (59:21)	4:16 (1:03:37)	11:06 (1:14:43)	
9:25 (1:24:08)	9:06 (1:33:14)	7:27 (1:40:41)	1:20 (1:42:01)	1:28 (1:43:29)		
H21		(9 / 9)	Tid	Efter		
1. Mikkel Brunstedt Nørgaard		OK ØST Birkerød	1:21:16			
4:59 (4:59)	4:39 (9:38)	2:18 (11:56)	2:40 (14:36)	4:24 (19:00)	5:54 (24:54)	
1:46 (26:40)	2:49 (29:29)	8:20 (37:49)	5:53 (43:42)	3:52 (47:34)	3:30 (51:04)	
3:47 (54:51)	11:56 (1:06:47)	3:11 (1:09:58)	8:52 (1:18:50)	1:10 (1:20:00)	1:16 (1:21:16)	
2. Allan Jensen		Silkeborg OK	1:24:13	+2:57		
4:09 (4:09)	4:42 (8:51)	2:14 (11:05)	2:39 (13:44)	5:03 (18:47)	6:45 (25:32)	
1:57 (27:29)	3:19 (30:48)	8:57 (39:45)	6:46 (46:31)	3:22 (49:53)	3:52 (53:45)	
4:14 (57:59)	12:55 (1:10:54)	3:20 (1:14:14)	7:17 (1:21:31)	1:12 (1:22:43)	1:30 (1:24:13)	
3. Peter Reibert Hansen		Allerød OK	1:28:18	+7:02		
5:00 (5:00)	5:01 (10:01)	2:26 (12:27)	2:42 (15:09)	4:45 (19:54)	6:53 (26:47)	
1:59 (28:46)	3:14 (32:00)	8:39 (40:39)	6:13 (46:52)	4:11 (51:03)	3:58 (55:01)	
3:58 (58:59)	13:20 (1:12:19)	3:55 (1:16:14)	9:03 (1:25:17)	1:30 (1:26:47)	1:31 (1:28:18)	
4. Bjarne Hoffmann		Mariager Fjord OK	1:28:48	+7:32		
4:23 (4:23)	5:13 (9:36)	2:45 (12:21)	5:01 (17:22)	5:51 (23:13)	5:52 (29:05)	
2:07 (31:12)	2:59 (34:11)	8:55 (43:06)	6:31 (49:37)	3:54 (53:31)	4:00 (57:31)	
3:48 (1:01:19)	12:49 (1:14:08)	3:20 (1:17:28)	7:57 (1:25:25)	1:38 (1:27:03)	1:45 (1:28:48)	
5. Johan MacLassen		Rold Skov OK	1:29:39	+8:23		
4:11 (4:11)	5:07 (9:18)	2:52 (12:10)	2:29 (14:39)	6:54 (21:33)	7:14 (28:47)	
2:03 (30:50)	2:59 (33:49)	8:34 (42:23)	6:14 (48:37)	3:56 (52:33)	3:58 (56:31)	
4:16 (1:00:47)	12:14 (1:13:01)	3:22 (1:16:23)	9:59 (1:26:22)	1:23 (1:27:45)	1:54 (1:29:39)	
6. Rasmus Sørensen		OK Melfar	1:34:06	+12:50		
4:13 (4:13)	5:04 (9:17)	2:46 (12:03)	2:32 (14:35)	4:59 (19:34)	6:51 (26:25)	
2:02 (28:27)	2:56 (31:23)	8:06 (39:29)	7:42 (47:11)	7:26 (54:37)	4:02 (58:39)	
4:11 (1:02:50)	15:23 (1:18:13)	3:55 (1:22:08)	9:08 (1:31:16)	1:17 (1:32:33)	1:33 (1:34:06)	
7. Noah Tristan Hoffmann		Mariager Fjord OK	1:35:31	+14:15		
4:25 (4:25)	5:23 (9:48)	2:37 (12:25)	3:01 (15:26)	5:17 (20:43)	7:08 (27:51)	
2:09 (30:00)	6:28 (36:28)	8:37 (45:05)	6:42 (51:47)	4:29 (56:16)	3:51 (1:00:07)	
3:46 (1:03:53)	12:53 (1:16:46)	3:36 (1:20:22)	12:37 (1:32:59)	1:24 (1:34:23)	1:08 (1:35:31)	

8. Lukas Wilms		Kiel	2:02:17	+41:01		
7:47 (7:47)	7:14 (15:01)	7:40 (22:41)	3:11 (25:52)	6:09 (32:01)	8:23 (40:24)	
3:13 (43:37)	3:41 (47:18)	12:35 (59:53)	9:43 (1:09:36)	5:26 (1:15:02)	4:15 (1:19:17)	
4:55 (1:24:12)	18:11 (1:42:23)	4:34 (1:46:57)	12:04 (1:59:01)	2:12 (2:01:13)	1:04 (2:02:17)	
Thomas Steinthal		FIF Hillerød	Ej startet			
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	
- (-)	- (-)	- (-)	- (-)	- (-)	- (-)	

H40		(4 / 4)	Tid	Efter		
1. Morten Bang Nørgaard		OK ØST Birkerød	1:30:05			
5:36 (5:36)	4:33 (10:09)	5:42 (15:51)	3:45 (19:36)	1:44 (21:20)	6:51 (28:11)	
7:53 (36:04)	6:58 (43:02)	3:41 (46:43)	4:41 (51:24)	2:47 (54:11)	9:40 (1:03:51)	
7:59 (1:11:50)	6:36 (1:18:26)	7:40 (1:26:06)	2:18 (1:28:24)	1:41 (1:30:05)		
2. Martin Thorwart		Preetzer TSV	1:35:01	+4:56		
5:06 (5:06)	3:44 (8:50)	6:36 (15:26)	4:29 (19:55)	1:39 (21:34)	5:20 (26:54)	
7:56 (34:50)	6:13 (41:03)	3:27 (44:30)	5:32 (50:02)	3:31 (53:33)	13:02 (1:06:35)	
8:22 (1:14:57)	7:46 (1:22:43)	8:16 (1:30:59)	2:05 (1:33:04)	1:57 (1:35:01)		
3. Jacob Skovsgaard		Viborg OK	1:39:32	+9:27		
9:00 (9:00)	4:47 (13:47)	5:11 (18:58)	5:03 (24:01)	2:12 (26:13)	5:33 (31:46)	
12:06 (43:52)	6:31 (50:23)	3:24 (53:47)	7:02 (1:00:49)	5:52 (1:06:41)	8:40 (1:15:21)	
6:46 (1:22:07)	6:48 (1:28:55)	7:18 (1:36:13)	1:30 (1:37:43)	1:49 (1:39:32)		
4. Kim Lindahl		OK Melfar	1:51:49	+21:44		
5:16 (5:16)	4:35 (9:51)	9:45 (19:36)	5:34 (25:10)	1:59 (27:09)	8:30 (35:39)	
10:41 (46:20)	5:47 (52:07)	3:51 (55:58)	6:32 (1:02:30)	4:34 (1:07:04)	13:23 (1:20:27)	
10:19 (1:30:46)	9:05 (1:39:51)	8:06 (1:47:57)	1:42 (1:49:39)	2:10 (1:51:49)		

H50		(15 / 15)	Tid	Efter		
1. Jan Møller		Aalborg Orienteringsklub	1:09:41			
2:21 (2:21)	4:35 (6:56)	4:38 (11:34)	2:33 (14:07)	3:20 (17:27)	5:30 (22:57)	
6:23 (29:20)	4:32 (33:52)	3:09 (37:01)	4:37 (41:38)	2:13 (43:51)	9:04 (52:55)	
3:00 (55:55)	6:26 (1:02:21)	4:29 (1:06:50)	1:19 (1:08:09)	1:32 (1:09:41)		
2. Tommy Damsgaard		Viborg OK	1:10:15	+0:34		
2:19 (2:19)	4:18 (6:37)	4:34 (11:11)	2:31 (13:42)	3:17 (16:59)	5:43 (22:42)	
6:57 (29:39)	4:25 (34:04)	3:19 (37:23)	5:42 (43:05)	2:12 (45:17)	9:31 (54:48)	
2:02 (56:50)	6:27 (1:03:17)	3:40 (1:06:57)	1:15 (1:08:12)	2:03 (1:10:15)		
3. Jørn Svensen		Viborg OK	1:11:10	+1:29		
2:15 (2:15)	4:31 (6:46)	4:39 (11:25)	2:31 (13:56)	3:19 (17:15)	5:49 (23:04)	
6:52 (29:56)	4:33 (34:29)	3:15 (37:44)	4:47 (42:31)	2:24 (44:55)	9:09 (54:04)	
3:22 (57:26)	6:30 (1:03:56)	4:07 (1:08:03)	1:17 (1:09:20)	1:50 (1:11:10)		
4. Bjarke Sucksdorff		Allerød OK	1:19:38	+9:57		
2:22 (2:22)	4:35 (6:57)	5:58 (12:55)	2:38 (15:33)	3:45 (19:18)	6:14 (25:32)	
7:56 (33:28)	5:24 (38:52)	3:25 (42:17)	6:33 (48:50)	2:25 (51:15)	10:24 (1:01:39)	
3:01 (1:04:40)	7:14 (1:11:54)	4:08 (1:16:02)	1:27 (1:17:29)	2:09 (1:19:38)		
5. Jørn Riis		OK Pan	1:29:04	+19:23		
3:19 (3:19)	6:23 (9:42)	6:59 (16:41)	2:42 (19:23)	5:44 (25:07)	7:14 (32:21)	
9:25 (41:46)	4:50 (46:36)	3:11 (49:47)	5:32 (55:19)	3:51 (59:10)	11:05 (1:10:15)	
3:06 (1:13:21)	7:00 (1:20:21)	4:38 (1:24:59)	2:06 (1:27:05)	1:59 (1:29:04)		
6. Troels Bent Hansen		Allerød OK	1:31:31	+21:50		
4:44 (4:44)	11:26 (16:10)	6:16 (22:26)	2:38 (25:04)	3:51 (28:55)	5:46 (34:41)	
8:46 (43:27)	5:17 (48:44)	3:41 (52:25)	5:03 (57:28)	2:49 (1:00:17)	12:29 (1:12:46)	
3:26 (1:16:12)	6:57 (1:23:09)	4:55 (1:28:04)	1:26 (1:29:30)	2:01 (1:31:31)		
7. Erik Lindy Kristensen		Viborg OK	1:34:05	+24:24		
5:28 (5:28)	5:05 (10:33)	6:31 (17:04)	3:47 (20:51)	3:32 (24:23)	7:17 (31:40)	
8:26 (40:06)	5:25 (45:31)	4:03 (49:34)	5:59 (55:33)	2:46 (58:19)	15:26 (1:13:45)	
3:43 (1:17:28)	7:51 (1:25:19)	4:44 (1:30:03)	2:05 (1:32:08)	1:57 (1:34:05)		
8. Allan Topp		OK ØST Birkerød	1:35:19	+25:38		
2:41 (2:41)	6:41 (9:22)	5:35 (14:57)	3:04 (18:01)	7:29 (25:30)	6:54 (32:24)	
9:14 (41:38)	4:34 (46:12)	5:11 (51:23)	6:00 (57:23)	2:53 (1:00:16)	14:13 (1:14:29)	
2:30 (1:16:59)	7:11 (1:24:10)	6:47 (1:30:57)	1:37 (1:32:34)	2:45 (1:35:19)		
9. Kent Lodberg		OK Pan	1:37:14	+27:33		
3:56 (3:56)	6:38 (10:34)	6:26 (17:00)	3:41 (20:41)	4:03 (24:44)	8:33 (33:17)	
7:54 (41:11)	4:16 (45:27)	4:22 (49:49)	5:57 (55:46)	2:34 (58:20)	10:54 (1:09:14)	
5:12 (1:14:26)	7:42 (1:22:08)	4:48 (1:26:56)	7:47 (1:34:43)	2:31 (1:37:14)		
10. Anders Harfot		Horsens OK	1:42:38	+32:57		
2:45 (2:45)	7:53 (10:38)	6:32 (17:10)	3:18 (20:28)	4:52 (25:20)	7:51 (33:11)	
9:26 (42:37)	6:25 (49:02)	4:31 (53:33)	7:26 (1:00:59)	5:17 (1:06:16)	15:24 (1:21:40)	
3:13 (1:24:53)	8:18 (1:33:11)	5:16 (1:38:27)	1:48 (1:40:15)	2:23 (1:42:38)		
11. Louis Steinthal		FIF Hillerød	1:45:53	+36:12		
3:05 (3:05)	6:20 (9:25)	7:46 (17:11)	4:28 (21:39)	4:48 (26:27)	9:05 (35:32)	
10:01 (45:33)	6:40 (52:13)	4:43 (56:56)	6:44 (1:03:40)	3:41 (1:07:21)	15:45 (1:23:06)	
4:20 (1:27:26)	8:48 (1:36:14)	5:20 (1:41:34)	1:36 (1:43:10)	2:43 (1:45:53)		
12. Carl Peter Noe		Silkeborg OK	1:59:42	+50:01		
5:33 (5:33)	7:02 (12:35)	7:46 (20:21)	3:14 (23:35)	5:13 (28:48)	8:43 (37:31)	
14:43 (52:14)	7:22 (59:36)	4:41 (1:04:17)	7:43 (1:12:00)	3:17 (1:15:17)	14:00 (1:29:17)	
3:43 (1:33:00)	10:52 (1:43:52)	8:08 (1:52:00)	4:12 (1:56:12)	3:30 (1:59:42)		
Lars Forsberg		Viborg OK	Fejlklip			
7:03 (7:03)	12:01 (19:04)	8:15 (27:19)	5:33 (32:52)	4:47 (37:39)	8:46 (46:25)	
13:45 (1:00:10)	4:03 (1:04:13)	8:38 (1:12:51)	6:59 (1:19:50)	3:28 (1:23:18)	22:38 (1:45:56)	
- (-)	- (1:59:09)	7:31 (2:06:40)	1:32 (2:08:12)	2:22 (2:10:34)		

Uffe Spanner		OK Pan	Udgået		
7:10 (7:10)	9:50 (17:00)	8:36 (25:36)	8:09 (33:45)	7:24 (41:09)	15:28 (56:37)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
Finn Johannsen		Ballerup OK	Diskv.		
8:25 (8:25)	5:36 (14:01)	7:10 (21:11)	2:46 (23:57)	4:11 (28:08)	5:37 (33:45)
7:26 (41:11)	4:00 (45:11)	3:06 (48:17)	5:47 (54:04)	6:21 (1:00:25)	10:07 (1:10:32)
2:07 (1:12:39)	6:57 (1:19:36)	4:22 (1:23:58)	1:34 (1:25:32)	1:51 (1:27:23)	
H60		(11 / 11)	Tid Efter		
1. Niels Duedahl		OK ØST Birkerød	57:58		
4:34 (4:34)	3:00 (7:34)	3:45 (11:19)	6:32 (17:51)	2:58 (20:49)	2:58 (23:47)
6:08 (29:55)	8:02 (37:57)	5:19 (43:16)	4:15 (47:31)	6:10 (53:41)	2:00 (55:41)
2:17 (57:58)					
2. Christian Strandgaard		Allerød OK	1:04:40 +6:42		
4:14 (4:14)	2:36 (6:50)	4:19 (11:09)	7:01 (18:10)	3:22 (21:32)	3:28 (25:00)
6:28 (31:28)	8:17 (39:45)	8:41 (48:26)	4:29 (52:55)	7:06 (1:00:01)	2:23 (1:02:24)
2:16 (1:04:40)					
3. Søren Tarp		OK Pan	1:06:35 +8:37		
4:31 (4:31)	2:40 (7:11)	4:07 (11:18)	7:51 (19:09)	3:05 (22:14)	5:50 (28:04)
6:54 (34:58)	8:52 (43:50)	5:41 (49:31)	4:35 (54:06)	7:20 (1:01:26)	2:49 (1:04:15)
2:20 (1:06:35)					
4. Kurt Petersen		Faaborg OK	1:21:08 +23:10		
8:10 (8:10)	3:10 (11:20)	7:21 (18:41)	8:01 (26:42)	5:29 (32:11)	3:44 (35:55)
9:05 (45:00)	10:14 (55:14)	7:04 (1:02:18)	6:42 (1:09:00)	6:55 (1:15:55)	2:43 (1:18:38)
2:30 (1:21:08)					
5. Per Seidelin		Lyngby OK	1:21:35 +23:37		
9:19 (9:19)	2:59 (12:18)	5:48 (18:06)	9:04 (27:10)	4:28 (31:38)	4:01 (35:39)
10:22 (46:01)	9:23 (55:24)	6:43 (1:02:07)	4:08 (1:06:15)	7:47 (1:14:02)	4:25 (1:18:27)
3:08 (1:21:35)					
6. Niels Møller Petersen		OK FROS	1:22:22 +24:24		
4:57 (4:57)	2:41 (7:38)	4:04 (11:42)	7:18 (19:00)	4:13 (23:13)	4:02 (27:15)
10:30 (37:45)	10:32 (48:17)	8:35 (56:52)	13:16 (1:10:08)	7:37 (1:17:45)	2:23 (1:20:08)
2:14 (1:22:22)					
7. Torben Hansen		OK FROS	1:25:47 +27:49		
5:26 (5:26)	2:58 (8:24)	4:59 (13:23)	8:21 (21:44)	3:50 (25:34)	4:48 (30:22)
9:11 (39:33)	20:00 (59:33)	7:02 (1:06:35)	4:07 (1:10:42)	8:55 (1:19:37)	2:55 (1:22:32)
3:15 (1:25:47)					
8. Jens Bentsen		OK ØST Birkerød	1:28:05 +30:07		
6:18 (6:18)	6:09 (12:27)	6:54 (19:21)	12:36 (31:57)	4:35 (36:32)	3:53 (40:25)
7:00 (47:25)	14:56 (1:02:21)	7:04 (1:09:25)	5:47 (1:15:12)	7:53 (1:23:05)	2:16 (1:25:21)
2:44 (1:28:05)					
9. Kim Rud		Kolding OK	1:30:42 +32:44		
9:14 (9:14)	2:54 (12:08)	4:54 (17:02)	8:51 (25:53)	3:27 (29:20)	3:48 (33:08)
7:40 (40:48)	22:50 (1:03:38)	7:45 (1:11:23)	5:07 (1:16:30)	7:21 (1:23:51)	3:50 (1:27:41)
3:01 (1:30:42)					
10. Michael Straube		Horsens OK	1:36:00 +38:02		
13:40 (13:40)	2:58 (16:38)	4:16 (20:54)	8:16 (29:10)	3:35 (32:45)	3:31 (36:16)
13:43 (49:59)	9:49 (59:48)	6:53 (1:06:41)	9:17 (1:15:58)	14:44 (1:30:42)	2:33 (1:33:15)
2:45 (1:36:00)					
Kim Folmann Jørgensen		Svendborg OK	Ej startet		
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)	– (–)	– (–)	– (–)	– (–)	– (–)
– (–)					
H70		(6 / 6)	Tid Efter		
1. Poul Erik Buch		OK GORM	1:15:30		
4:20 (4:20)	4:30 (8:50)	4:54 (13:44)	8:29 (22:13)	6:16 (28:29)	4:00 (32:29)
13:28 (45:57)	7:33 (53:30)	6:56 (1:00:26)	4:15 (1:04:41)	8:30 (1:13:11)	2:19 (1:15:30)
2. Jes Henrik Steen		OK ØST Birkerød	1:20:17 +4:47		
3:27 (3:27)	5:15 (8:42)	4:47 (13:29)	9:13 (22:42)	3:34 (26:16)	4:23 (30:39)
13:30 (44:09)	9:12 (53:21)	7:33 (1:00:54)	5:11 (1:06:05)	10:56 (1:17:01)	3:16 (1:20:17)
3. Klaus Olsen		Tisvilde Hegn OK	1:21:40 +6:10		
3:20 (3:20)	4:11 (7:31)	5:30 (13:01)	8:52 (21:53)	4:52 (26:45)	3:49 (30:34)
14:47 (45:21)	9:07 (54:28)	7:38 (1:02:06)	5:18 (1:07:24)	11:16 (1:18:40)	3:00 (1:21:40)
4. Jan Hausner		OK S.G.	1:22:14 +6:44		
4:17 (4:17)	4:17 (8:34)	4:46 (13:20)	8:56 (22:16)	3:42 (25:58)	3:31 (29:29)
12:23 (41:52)	11:52 (53:44)	6:44 (1:00:28)	6:26 (1:06:54)	11:12 (1:18:06)	4:08 (1:22:14)
5. Jack Skrydstrup		Kolding OK	1:32:04 +16:34		
3:14 (3:14)	5:11 (8:25)	9:30 (17:55)	12:55 (30:50)	5:50 (36:40)	8:14 (44:54)
13:19 (58:13)	8:38 (1:06:51)	6:23 (1:13:14)	6:34 (1:19:48)	8:47 (1:28:35)	3:29 (1:32:04)
6. Carl Malling		Randers OK	1:36:11 +20:41		
3:50 (3:50)	3:54 (7:44)	11:28 (19:12)	9:22 (28:34)	4:24 (32:58)	7:31 (40:29)
18:36 (59:05)	7:20 (1:06:25)	11:42 (1:18:07)	4:49 (1:22:56)	10:37 (1:33:33)	2:38 (1:36:11)
D/H75		(3 / 3)	Tid Efter		
1. Per Allan Pedersen		OK FROS	40:18		
2:51 (2:51)	4:29 (7:20)	11:25 (18:45)	1:55 (20:40)	2:25 (23:05)	9:23 (32:28)
3:12 (35:40)	1:43 (37:23)	2:55 (40:18)			
2. Ole Hoffmann		OK FROS	44:34 +4:16		
6:11 (6:11)	6:04 (12:15)	9:32 (21:47)	2:13 (24:00)	4:01 (28:01)	9:43 (37:44)
2:43 (40:27)	1:34 (42:01)	2:33 (44:34)			

Tage V. Andersen

- (-)

- (-)

- (-)

- (-)

OK ØST Birkerød

- (-)

- (19:51)

Udgået

- (-)

- (-)

- (-)